# Country & High Heels



Count: 32 Wall: 4 Level: Improver

**Choreographer:** Francien Sittrop (Dec. 2015)

Music: Cam - Country Ain't Never Been Pretty. Album: Untamed 2015

#### Intro: Start after 16 counts from the beginning

# [1 - 8]Cross Rock, Recover, Side Shuffle, Cross, Side, Sailorstep 1/4 L

- 1 2 Rock R across L, Recover on L
- 3 & 4 Step R to R side, Step L next to R, Step R to R side
- 5 6 Step L across R, Step R to R side
- Sweep L behind R with ¼ Turn L and step L back, Step R next to L, Step L fwd
- (09.00)

## [9-16]Jump (travelling fwd) Out Out Clap x2 Hip bumps x2

&1-2	Jump fwd with R out, L out, Clap
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- &3-4 Jump fwd with R out, L out, Clap
- 5 & 6 Bump hips R,L,R
- 7 & 8 Bump hips L,R,L \*\*R\*\*

# [17-23]Rock fwd, Recover, Shuffle ½ R, Step fwd, ½ L step Back, Coaster step

- 1-2 Rock R fwd, Recover on L
- 3 & 4 Step R 1/4 Turn R, Step L next to R, 1/4 Turn Step R fwd (03.00)
- 5 6 Step L fwd, ½ Turn L step R back (09.00)
- 7 & 8 Step L back, Step R next to L, Step L fwd

#### [24-32]Rocking Chair, Vine L

- 1-2 Rock R fwd, Recover on L
- 3-4 Rock R back, Recover on L
- 5 6 Step R across L, Step L to L side
- 7 8 Step R behind L, Step L to L side

## Start again

Restarts: \*\*R\*\*

During wall 5, 8, 11 after count 16. Start again with count 1

Ending: Last wall ends on the 3 O'clock wall

Dance until count 14 then make 1/4 Turn L to face the front wall again

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